



Enriching, Encouraging, Empowering

Message from the Principal

Kia ora Parents and Caregivers,

I am pleased to announce that Lyn Whaanga will be joining us as the new Office Administrator starting next term. We look forward to having Lyn as part of our staff team and are excited about the positive contributions she will bring to our school community in this role. Please join me in congratulating and welcoming Lyn to our staff.

This week has been filled with exciting trips for our students. The Juniors enjoyed their visit to the Chinese Garden and Toitu, while the Middle School had a wonderful time exploring Toitu and the Art Gallery.

We've noticed an increase in sickness over the past couple of weeks, and we greatly appreciate parents keeping unwell children at home to prevent further spread.

Unfortunately, during our Matariki evening, a parent's car was hit by another vehicle in the carpark. If you witnessed anything, please let us know.

In exciting news, we have found a new counsellor who will start next term. We are in the final stages of finalising her employment and look forward to introducing her to the community at the beginning of next term.

Due to good numbers of enrolments so far this year, we will be opening a new Hub in the school library from the start of Term 3 to ensure low teacher-student ratios in our Junior classes. Megan Bloxham will be the teacher for the Pohutakawa Hub.

As we approach the holidays, I wish everyone a safe and relaxing two-week break. Enjoy this time with your families, and we look forward to seeing everyone refreshed next term.

Ngā mihi nui,

*Chris McKinlay
Principal*



KOWHAI HUB



Silverstream Planting

Last week on Tuesday some of the Elmgrove Students from the Moa Team went to the Silverstream to plant natives with the help of Colin and Mrs Heller as part of the Silverstream Planting initiative. We left school around 10 o'clock and finished around 11:30.

Afterwards, we went to the park. We had lots of fun and we wish to do it again. Thanks to all of the parents that gave up their time to help us do this.

By Laura and Sasha



KOWHAI HUB



Food for Thought

On the first day of food for thought, Karli taught us about food groups such as protein foods, grain foods, vegetables and fruits, milk and milk products, and sometimes food like lollies and soft drinks.

We also learned about packaging and the nutrients on the back of our food packages, like the per 100 grams. You can only compare other types of food such as bread and cereal. If your pick of food is healthy you can give it a tick but only if your fat total and sugars are a tick.

On the third day we had a whole class session so we all got a Chromebook and got handed a sheet to do some work. We got into buddies or by ourselves so we could do this task. We learnt about the colours of our food that we eat but we mainly learnt about the vegetables.

In conclusion, we learnt so much and had such a fun time. We were so grateful that Karli could come and teach us.

By Isla H and Heidi



Food Groups and Nutrients

food for thought

- Vegetables and Fruit**
Packed full of vitamins and minerals which help to protect our bodies in different ways.
Vitamin A = important for our eye health.
Vitamin B = Gives us a big boost of energy.
Vitamin C = Important for our immunity.
Eating a rainbow of colours gives our bodies lots of different vitamins and minerals to help our bodies in lots of different ways.
A source of fibre.
- Grain Foods**
Bread Weet-bix Rice Crackers Wraps
Pasta Plain popcorn Oats Couscous
Carbohydrates = Energy for our brain and muscles.
Source of fibre which helps our Gut health by:
1. keeping us feeling full
2. cleaning our small intestines
3. helping us go to the toilet
- Protein Foods**
Chicken Beef Lamb Pork Seafood
Eggs Tofu Chickpeas Lentils Beans
Nuts Seeds
Protein helps our muscles grow, repair and strengthen.
Protein helps us feel full.
- Sometimes Foods**
Sometimes foods are Lower in vitamins, minerals, and fibre.
Sometimes foods often have more fat, salt, and sugar in them.
Important to include!
- Milk and Milk Products**
Cow's milk Almond milk Soy milk
Cheese Oat milk Yoghurt
Lactose-free milk
Good source of calcium for strong bones and teeth.
Our bones keep getting stronger until we are 29 years old.
A source of protein.

Sometimes Foods

- Milk and Milk Products**
- Vegetables and Fruits**
- Protein Foods**
- Grain Foods**

Includes various food images and educational cards such as 'Vitamin C helps our immune system', 'Vitamin A - Eye health', and 'Eat a rainbow of colours'.

KOWHAI HUB



Wearable Arts

Over the term we had the topic of recycling and decided to have a Moa Team Wearable Arts fashion show.

The Kowhai and Kauri Hubs used recycled products to make items based on the Matariki stars: Waiti, waita, waipuna-rangi, tupuanuku, tupuarangi, Matariki, ururangi, pohutukawa and hiwa-i-te-rangi.

Every one took place in the wearable arts and no one was left out on this project. All of the costumes looked amazing.

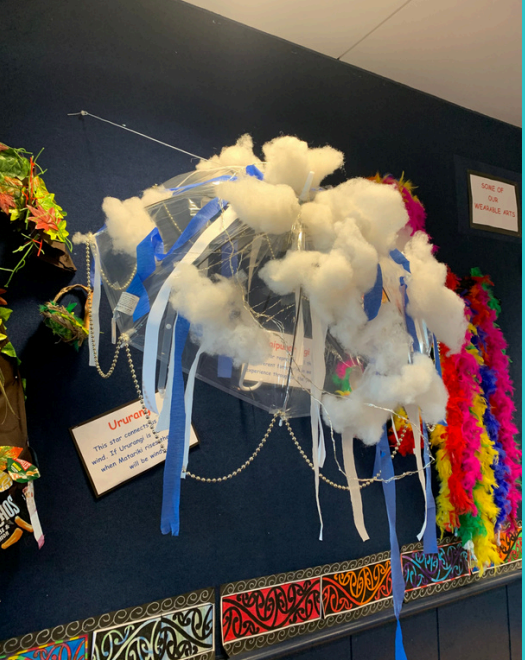
By Holly and Leah



KOWHAI HUB



Wearable Arts



noel leeming

friends & family deals are here!

From 8 July - 21 July 2024

- cost* + 5%**
Computers, Whiteware, TVs and Cellular*
- cost* + 7.5%**
on all Smart Home
- cost* + 10%**
storewide, exclusions apply*
- 15%** off all tech support & product protection*

2.5% of total sales will go to Variety - the children's charity

Offers in this flyer run between 8th July - 21st July 2024, while stocks last. *Cost reflects the average cost price of the product. ** Conditions and exclusions apply. See full terms and conditions for offer here.

Scan this barcode instore  OR Use this code online **FFJULY24_VARIETY** [Shop now](#)

noel leeming
0800 44 44 88 | Over 65 stores nationwide | [Earn d'lybuys](#)

Easy ways to pay 

variety
the children's charity

Every child has a right to a happy, healthy childhood filled with opportunities to explore, grow and learn.

Every day more than 1 in 8 Kiwi kids go without the basics most of us take for granted. Childhood poverty is the single biggest determinant of health, wellbeing and education outcomes in NZ.

Variety - the children's charity is committed to the welfare of tamariki and rangatahi, developing programmes to ensure children living in poverty can thrive, reach their full potential and realise their dreams.

Variety makes a difference through their Kiwi Kids Sponsorship Programme, Beds for Kids Programme and Individual Grants.



0800 44 44 88 | Over 65 stores nationwide

noel leeming

FREE COMMUNITY IMMUNISATION EVENTS

“Ahakoa he iti he pounamu”


Even though it is small, it is precious

FLU SHOTS & COVID BOOSTERS

Every weekend throughout **JULY** and **AUGUST** 2024

Saturdays 10am till 1pm
Sundays 11am till 2pm


THE OVAL



Every person who chooses to be vaccinated with us will receive

- A \$50 grocery voucher
- The opportunity to go in the draw for the choice of 1 of 4 amazing prizes
 - \$500 worth of firewood or wood pellets or credit on your power bill
 - \$500 worth of grocery or petrol vouchers
 - \$500 worth of bedding and blankets
 - An entire school uniform for one child

Free hot food/kai and hot drinks/he inu wera



TE ROOPU TAUTOKO KI TE TONGA

YOU DON'T QUALIFY FOR A FUNDED FLU SHOT OR VACCINE?

Would you still like to be able to protect the wellbeing of yourself, your whānau and your community?


WE CAN HELP!

Te Roopu Tautoko Ki Te Tonga will supply you with a letter that will entitle you to a free flu shot. Take this letter to a participating antidote pharmacy get it signed on completion of your vaccine and bring it back to us to receive a \$50 grocery voucher. **One voucher per person vaccinated.**

Te Roopu Tautoko Ki Te Tonga
6 Walseley Street, Central Dunedin
(03) 477 4670
immunisation@tautoko.maori.nz

PARTICIPATING PHARMACIES

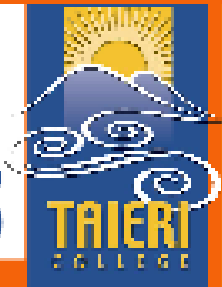
- antidote Gardens - 1 North Road, Gardens Mall
- antidote Meridian - 285 George Street, Meridian Mall
- antidote Mornington - 170 Eglinton Road, Mornington
- antidote Macandrew - 98 Macandrew Road, South Dunedin



TE ROOPU TAUTOKO KI TE TONGA

antidote

Enrolments now welcome for 2025



Come for a tour during our **Open Week**
29 July 2024 to 2 August 2024 to see the college in
action. Book on-line at www.taieri.school.nz or
email office@taieri.school.nz or telephone
489-3823 to book a time.



OPEN NIGHT

MONDAY 5TH AUGUST 6.00 PM

*Enrolments are being taken now for Year 7, 2025
Quality education for all students*

You are invited to view Akoranga, our dedicated Year 7/8
learning space.

Come and see what the buzz is about!



RESPONSIBILITY



HAEPAPA

RESPECT



MANAAKITANGA

RESILIENCE



AUMANGEA



Fundraiser

Stock up the freezer with these winter favourites

Family Pies: \$8.50 each

Varieties: *Steak, Mince, Apple & Cinnamon*

Raspberry Lamingtons 6pack \$9 each

Savouries 12 pack \$11 each



Online order in by 22nd July

Pick up from school on the

Thursday 1st August 2.30pm-3.15pm

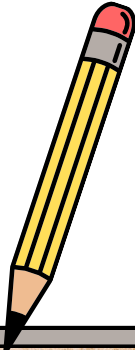
ONE COMBINED ORDER PLEASE PER FAMILY PLACED VIA THE ONLINE FORM -
<https://tinyurl.com/6badw6x3>



Important DATES

Term 2

- **Week 10- 1st July - 7th July**
 - 1st July Junior Book Swap
 - 2nd July Rimu & Rata Toitu Trip
 - 3rd July Totara Toitu Trip
 - 3rd July Middles Book Swap
 - 4th July Seniors Book Swap
 - 4th July Manuka Art Gallery & Toitu Trip
 - 5th July. Matai Art Gallery & Toitu Trip
 - 5th July No Assembly
 - 5th July Last day of school for Term 2
- **Term 3 Starts 22nd July 2024**



TAIERI TENNIS CLUB presents...

TENNIS

LESSONS FOR KIDS

AT "THE DOME" ON STUART ST DURING TERM 3, 2024!


Be active. Gain skills. Play with friends!
Amazing coaches! Rackets and balls provided.

Winter Hot Shots: 27 Jul - 14 Sep (Sat. afternoons)

Ages 3 - 12. Four age groups. \$45/ \$65 per child

facebook.com/taieritenniscub
taieritenniscub

for more info and to sign up, please visit:
www.clubspark.com/taieritenniscub




Pies

The fundraising committee will have pies available for \$3.00. These will be available from lunch time Friday 26th July. An online order form will be available from the beginning of Term 3, Week 1.

