



Enriching, Encouraging, Empowering

Message from the Principal

Kia ora koutou,

As we head into the second half of the school year, I am filled with pride and gratitude for our wonderful school community. Our tamariki have shown incredible growth, resilience, and enthusiasm in their learning journeys. It's been a joy to see their achievements in various areas.

Last night, we had a fantastic Matariki evening with a great turnout. The performances were truly awesome, and it was wonderful to see so many of you there to celebrate this special time of year.

Recently, we've had St John's in our senior classes working with children on wellbeing, which has been incredibly beneficial. We also had a presenter from Dangerous Decibels who talked to the children about how to look after their hearing. Additionally, the "Food for Thought" workshops were very informative, teaching our tamariki about healthy food, understanding what's in food, and how to read packaging.

This week, our Board of Trustees held a meeting where we looked at the school-wide data report and reviewed various policies. These policies are available for review on our website, and we encourage you to take a look and provide any feedback you may have.

Please note that there will be no school tomorrow due to the Matariki public holiday. Enjoy the long weekend, and we look forward to seeing everyone back at school next week.

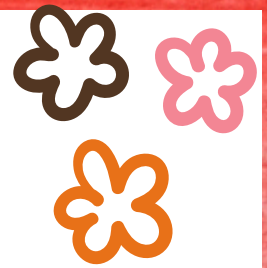
Ngā mihi nui,

Chris McKinlay
Principal



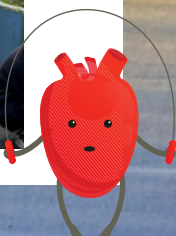


RIMU HUB



Jumping June

It's Jumping June! The Rimu Hub is having a great time showing their support for the Heart Foundation by skipping each day. Some of us are practicing our skipping skills for the first time, and others are trying to learn tricks like skipping on one foot!



Matariki ✨

Leading up to Matariki, the Rimu Hub have been learning about what this occasion means and how it can be celebrated. We have learnt the names of the stars in the Matariki Cluster, sung songs, created artworks and got our lanterns ready for the Elmgrove lantern parade.



RIMU'S MATARIKI WISHES

I wish that I am rich so I can give to the homeless people.
Yhub

I wish for my family to be strong and healthy and a good good life together.
Charlie

I wish for my family to go to lantern night
Anahera.

I wish to be kind to my family
Charry

I wish for a swimming pool for my family.
Finn

I wish that my family could help me do my chores.
AVA

I wish my family is strong.
I wish I will spend more time with my family.
I wish a nice life.
Emily

I wish that my family is strong and I am kind to my family and we play together outside.
Harper

ELMGROVE SPORTS DEVELOPMENT HUB

HERE ARE SOME HIGHLIGHTS FROM OUR FIRST TERM RUNNING THE SPORTS DEVELOPMENT HUB. THE KIDS HAVE ENJOYED A MIXTURE OF FITNESS AND SKILLS SESSIONS ACROSS THE TERM. WE HAVE HAD A FEW SPECIAL GUESTS COME ALONG WHICH HAS BEEN A REAL HIGHLIGHT!





Kids West

WINTER HOLIDAY PROGRAMME

When Our Winter Holiday Programme will run from Monday 8th July until 19th July 2024.

Holiday Programme

We have a fun filled program planned. There will be a small charge for our trip days (these prices vary and are shown on the program).

On Thursday 11th July we are going to Cobb and Co for lunch. If your child/ren have any dietary needs, can you please email me asap. **On Wednesday 17th July**, children 9 years and over will have the opportunity to go to an Escape Room. This is an optional trip (see program for cost), with limited spaces available. Can you please email me if your child/ren are interested in going to an Escape Room at irenec@elmgrove.school.nz.

We are supplying chip butties for lunch **on Thursday 18th July**.

With Winter here this brings unpredictable weather resulting in late starts and/or cancellations. Parents/Caregivers will be updated through our Kids West Facebook page and the Hits/Breeze radio stations. Program changes will also be on our Facebook page and on the blackboard outside the hall.

Children are welcome to bring along bikes, scooters, skateboards etc but please remember your helmet. We hold no responsibility if anything gets lost or damaged. We also have hot lunches available on the days we are at school - hot chips \$2.50, mince pie \$2.50, noodles \$1.50. Lunch needs to be ordered and paid for before 10am on the day.

PLEASE NOTE Occasionally we have children booked into the program who fail to arrive on the day without notification. This has caused some families to miss out especially on trip days. This has also cost the program, as we are required to provide correct staff to child ratios and pay for children booked on trips. Failure to attend booked sessions in the holiday program that have not been notified in incur a 3 hour charge as well as the cost of any trips booked for that day. Also, unfortunately those that do notify us and cancel on a trip day will incur the cost of the trip, sorry.

WINZ Subsidies - I will be available most afternoons to fill out WINZ subsidy forms. Alternatively, you can email them to me and I will send it back once I have filled it in. Please remember to include the days/hours that your children will be attending. Please bring with you EVERY DAY a jacket and drink bottle.

If you have any questions, please do not hesitate to contact me 027 696 1240. If you would like to join us, please click on the link below.

[Holiday Programme enrolment form](#)

[Parent Information](#)

[Weekly programme](#)

We look forward to seeing you all soon ☺
Irene and Staff





Fundraiser

Stock up the freezer with these winter favourites

Family Pies: \$8.50 each

Varieties: *Steak, Mince, Apple & Cinnamon*

Raspberry Lamingtons 6pack \$9 each

Savouries 12 pack \$11 each



Online order in by 22nd July

Pick up from school on the

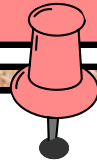
Thursday 1st August 2.30pm-3.15pm

ONE COMBINED ORDER PLEASE PER FAMILY PLACED VIA THE ONLINE FORM -
<https://tinyurl.com/6badw6x3>





Important DATES



Term 2

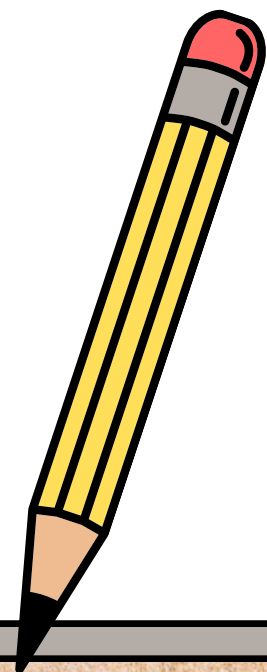
- **Week 9 - 24th June - 30th June**

- 26th June Matariki Evening/Lantern Night
- 25th June BOT Meeting
- 27th June Book Swap books due at School.
- **28th June Matariki - No School**

- **Week 10 - 1st July - 7th July**

- 1st July Junior Book Swap
- 2nd July Rimu & Rata Toitu Trip
- 3rd July Totara Toitu Trip
- 3rd July Middles Book Swap
- 4th July Seniors Book Swap
- 4th July Manuka Art Gallery & Toitu Trip
- 5th July Matai Art Gallery & Toitu Trip
- 5th July No Assembly
- 5th July Last day of school for Term 2

- **Term 3 Starts 22nd July 2024**



ELMGROVE SCHOOL BOOK SWAP

We are very excited to be holding a book swap for the children at Elmgrove School. If you have a previously loved book at home that you would like to swap for another previously loved book, then here is your chance!

Children are allowed to bring one book from home to swap with another book. Children who bring a book will receive a book voucher to use on the day of the swap. We will be holding this across 3 lunch breaks allowing the Seniors, Middles and Juniors to have their own swap day.

Juniors - Monday 1st July

Middles - Wed 3rd July

Seniors - Thurs 4th July

The books need to be at school by Thursday 27th June to be able to be a part of this swap.

Please hand books into the class teacher for safekeeping and so that they can keep a record of who handed in books.

We look forward to you all enjoying the pre-loved books to read at home with your family.

ENJOY 😊



Marching Otago U13, U18, Seniors and Masters teams are looking for new members for the 2024 - 2025 season! Everyone is welcome, this is a sport for girls and boys!



U13 : ages 7 - 12

U18 : ages 12 -17

Contact:

Shona 0273088351

Tracey 0273216275

Michelle 0273377384

onyxmilitaires@gmail.com

- ♥ No experience needed!
- ♥ Life long friends and memories
- ♥ Builds Confidence
- ♥ Travel
- ♥ Fun



Matariki

Last night we enjoyed joining together to share the yummy pumpkin soup and celebrating Matariki.



Thank-you to our Amazing Team of Soup Makers for your support and help. We appreciate you giving up your time to make our Pumpkin Soup for Matariki.

World Vision 20 Hour Challenge

A number of our children participated in a 20 hour Challenge as part of the World Vision Challenge last weekend. Thank-you to the children who have already returned their Sponsorship books and money.

Can we please have the Sponsorship Books and Money to School as soon as possible.



Sugar In Disguise

Learn to be a Sugar Sleuth!

Did you know sugar comes in many forms with different names? Be a sugar sleuth and see how many of these you can find on food and drink packets. Having sugary foods and drinks often, can weaken our tooth enamel and, overtime, lead to holes in our teeth.



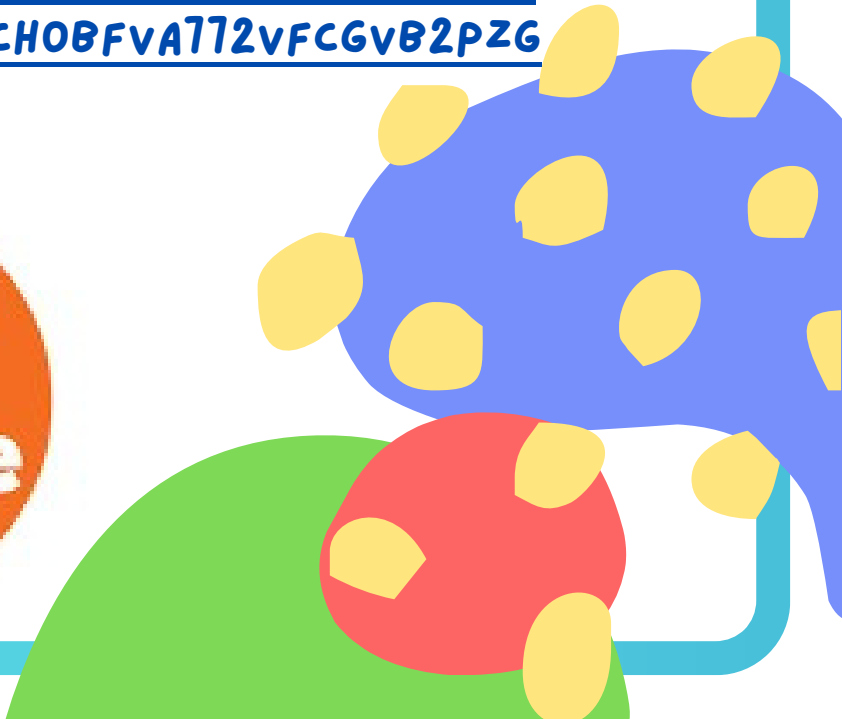
T-SHIRTS FOR SALE! \$10 EACH



FOLLOW THIS LINK TO BUY YOUR T-SHIRT!

[HTTPS://DOCS.GOOGLE.COM/FORMS/D/E/1FAIPQLSC7RO0FX0ZR7SXOPQKXL69PWK_5FJCHOBFA772VFCGV2PZG/VIEWFORM](https://docs.google.com/forms/d/e/1FAIPQLSC7RO0FX0ZR7SXOPQKXL69PWK_5FJCHOBFA772VFCGV2PZG/VIEWFORM)

World Vision
4 Hour Challenge



Special Rigs for Special Kids

Sunday 25th August 2024

Edgar Centre, Portsmouth Drive
Dunedin



No pre-registration required, just arrive
from 8.30am.

A great day for everyone.

Enquiries Contact Greg Inch Phone 0274 358 508

For further information please like and follow us on Facebook

MULTI-SPORT HOLIDAY PROGRAMME

SCHOOL HOLIDAYS JULY 2024



TUESDAY 16TH & WEDNESDAY 17TH JULY

MCMILLAN HOCKEY CENTRE

COME FOR A FUN DAY FEATURING A VARIETY OF SPORTS

INCLUDING THE CRICKET INFLATABLE!

AGES 4-12

9:00AM-3:00PM

COST - \$35 PER CHILD PER DAY

FOR MORE INFORMATION CONTACT:

JAIDEN CHHIKA - jaiden@otagocricket.co.nz

**SCAN THE QR CODE
FOR REGISTRATION!**



**SMASH
PLAY**

JUNIOR — TAMARIKI

**HOLIDAY
PROGRAMMES**

Fun skills and games to develop your motor skills!

Featured Activities: Smash Play games, Pairs
Cricket and more!

Ages: 4-10

Dates: Monday 8th &
Monday 15th July

Time: 9am - 2pm

Location: Edgar Centre

Price: \$30 per child



Healthy cooking classes



change your diet, change your life

Do you want some help or ideas with what a healthy meal looks like?
Are you eating too much sugar but love the sweet hit?

Come and join us and learn how to reduce the sugar in your food but not the
flavour and enjoyment.

Healthy cooking classes with Delwyn MacKenzie (Registered Clinical Nutritionist
and registered teacher of Food, Nutrition and Hospitality, from Palmerston
North.)

\$45

Tuesday 16th July 2024

12pm-2pm

at Taieri College

Limited spaces available so please

**contact Helen McLachlan to
secure your place.**

027 538 8166 or

helen@mclachlan.net.nz

THE HIGHWAY OF LIFE IS... YOUR DIGESTIVE TRACT

**Most people only digest 20% of their food!
This can make for a very bumpy and painful highway**

What's behind all the buzz?

Come and listen to a seminar with Delwyn MacKenzie (Registered Clinical Nutritionist and registered teacher of Food, Nutrition and Hospitality, from Palmerston North), who will talk you through the latest research on our gut health and how an unbalanced microbiome predisposes us to illness including long Covid. Come and learn about what nutritious delicious food to eat for optimal health.

Monday 15th July

1-2.30pm

&

Tuesday 16th July


7-8.30pm

Mosgiel Holistic Centre
12 Church Street

Limited spaces please
contact Helen McLachlan to
secure your place.

027 538 8166 or
helen@mclachlan.net.nz





Sugar; Friend or Foe, Naughty or Nice

Are you addicted to a sweet hit? Do you have diabetes?

Do you want the low down on how sugar actually impacts your health?

It's not just about getting diabetes, getting fat or rotting your teeth.

There's so many more ways eating too much sugar can affect us.

Come and listen to a registered clinical nutritionist talk about the what, the why and the how of sugar. .

Mon 15th July 7pm-8.30pm & Wed 17th July 1pm-2.30pm
at the Mosgiel Holistic Centre

Limited spaces please contact Helen McLachlan to secure your place.
027 538 8166 or helen@mclachlan.net.nz